

## Community-Based Choices & Support

Community Living Services (CLS) offers children and adults who experience developmental and/or intellectual disabilities, mental illness, and children who experience complex medical conditions, the assistance needed to live with their families, on their own, or with roommates and/or staff.

CLS uses person-centered planning to enable the people we serve to identify their goals and define their lives. Residential services are designed to avoid institutionalization and meet individuals' unique needs, preferences and personal goals.

### Housing Options

The Arc of Anchorage strives to give choices to individuals seeking safe and affordable housing. Through CLS, we offer housing options:

- Group home with full-time support staff
- Group home for medically fragile individuals
- Supervised apartment living
- Living with another family

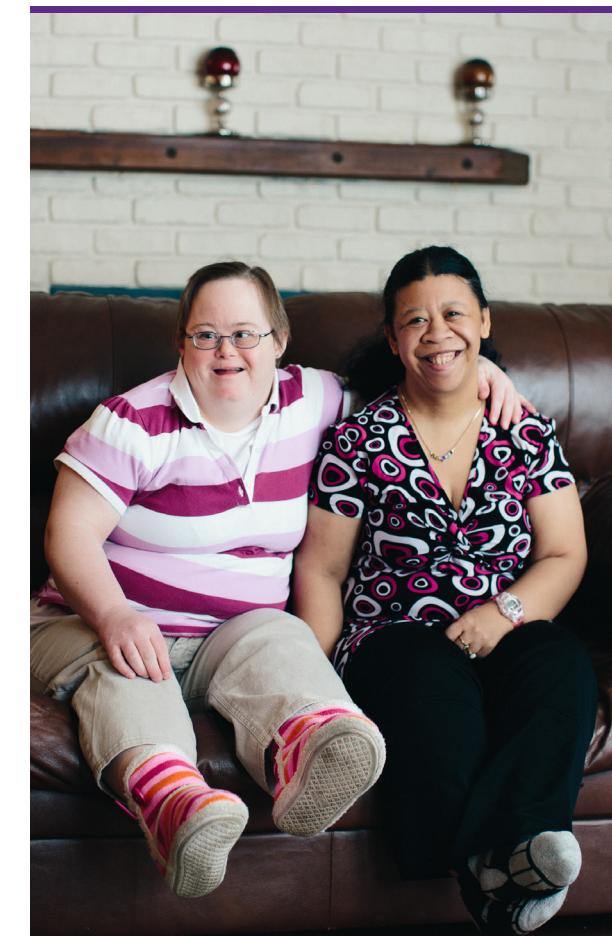


### Case Management

Our case management team within CLS will oversee the delivery of services to ensure every individual's needs and goals are being met. Services also include development and/or maintenance of an individual's habilitation/treatment plan. Case managers also provide connection to other services at The Arc, other community organizations and agencies.

### Foster Care & Shared Care

Our staff will assist individuals with living arrangements when residing full-time with their own family is not the best solution. The Arc works with foster families in the Anchorage area to provide safe and healthy homes for individuals.



### Respite Care

Sometimes parents need a break from caring for their loved one, and CLS staff provide respite care services for children with developmental disabilities or complex medical conditions who live with their families or with foster families.

### In-Home Support

CLS staff provide assistance through on-going support for families. CLS staff can provide care in the family home to help an individual achieve their goals based on their service plan.

### Independent Living Support

CLS staff assist adult individuals who live in their own homes learn and retain daily living skills.

### Day Habilitation

Being a part of our community is key to quality of life. CLS staff provide transportation and accompaniment services to activities, events and more in the greater Anchorage area based on goals set in an individual's plan of care.



Group home owned and operated by The Arc



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**We believe in housing choices.** Living in a safe, clean and healthy home is important to us and we strive to provide individuals with quality services and choices to enjoy life in our Alaskan community. Whether an individual lives in one of our group homes or apartments, or in their family's home, The Arc is there to support every individual in their goals and dreams. For adults, this may be independence. For children, this might mean a match with a loving foster family or specialized care for medical needs. We encourage you to contact us today about your loved one's housing needs.

## About The Arc of Anchorage

The Arc of Anchorage serves Alaskans who experience intellectual, developmental disabilities or mental health challenges. We offer a full array of services that cover the lifespan of the people we serve. In consultation with our staff, families choose the services that best meet their needs:

- Recreation Services (includes Sparc: a creative place and The Arc Clubhouse programs)
- Supported Employment Services
- Community Living and Residential Services
- Community Enrichment and Quality of Life
- Behavioral Health Services
- Nursing Services

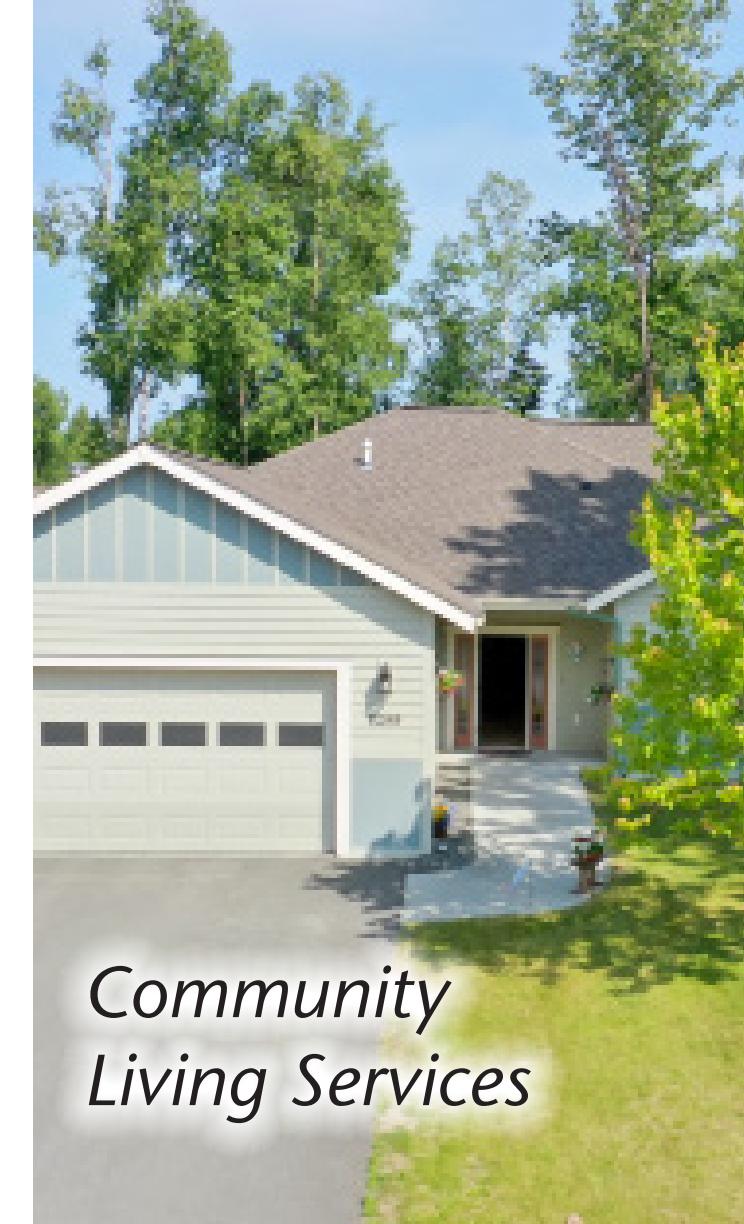
To learn more about The Arc of Anchorage, we invite you to visit our website, follow us on social media, subscribe to our newsletter, or even take a tour in person -- call us today to schedule a tour!

### Our Vision

To be a community that recognizes and embraces people of all abilities.

### Our Mission

To encourage and celebrate the potential of people who experience disabilities.



# Community Living Services

**Achieve with us.**

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Serving Alaskans and their families since 1957.